



# LINKS



## Workshop on Loneliness and Social Isolation

### Resource List

There is an **All Party Parliamentary Group** on Preventing Loneliness in the Northern Ireland Assembly chaired by Sinead Bradley, MLA. See here for more details:

<http://aims.niassembly.gov.uk/mlas/apgdetails.aspx?&cid=1629>

**Barnardos, 2020:** Mental Health and COVID-19: In Our Own Words. It can be accessed here: <https://www.barnardos.org.uk/mental-health-covid19-in-our-own-words-report>

**Campaign to End Loneliness/Action Group on Loneliness Policy in Northern Ireland, 2020:** Loneliness in Northern Ireland: A Call to Action report by Edel Quinn, Harry McAnulty and Robin Hewings can be accessed here:

<https://www.campaigntoendloneliness.org/wp-content/uploads/Loneliness-in-Northern-Ireland-A-Call-to-action.pdf>

**Department for Digital, Culture, Media and Sport, 2018:** A Connected Society A Strategy for Tackling Loneliness. It can be accessed here:

[https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment\\_data/file/936725/6.4882\\_DCMS\\_Loneliness\\_Strategy\\_web\\_Update\\_V2.pdf](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/936725/6.4882_DCMS_Loneliness_Strategy_web_Update_V2.pdf)

**The ELSIE (Exploring Loneliness and Social Isolation in Emerging Adulthood) project** is a partnership between the University of Limerick and SpunOut.ie. You can read newsletters and get other information on the project here:

<https://www.sashlab.com/elsie>

**Groarke JM, Berry E, Graham-Wisener L, McKenna-Plumley PE, McGlinchey E, Armour C, 2020:** Loneliness in the UK during the COVID-19 pandemic: Cross-sectional results from the COVID-19 Psychological Wellbeing Study. It can be accessed here:

<https://doi.org/10.1371/journal.pone.0239698>

**Institute of Public Health, 2021:** Webinar: COVID-19 and Rethinking Loneliness and Social Isolation. It can be access here: <https://publichealth.ie/playback-covid-19-and-rethinking-loneliness-and-social-isolation/>

**Institute of Public Health, 2020:** Blog: Loneliness – A Key Public Health Issue for Society by Dr Roger O'Sullivan with links to other resources. It can be accessed here: <https://publichealth.ie/blog-loneliness-a-key-public-health-issue-for-society/>

**Local Government Association, 2016:** Combatting Loneliness – A Guide for Local Authorities. It can be accessed here: [https://www.local.gov.uk/sites/default/files/documents/combating-loneliness-guid-24e\\_march\\_2018.pdf](https://www.local.gov.uk/sites/default/files/documents/combating-loneliness-guid-24e_march_2018.pdf)

**NISRA, 2020:** Loneliness in Northern Ireland. This report can be accessed here: [https://www.nisra.gov.uk/sites/nisra.gov.uk/files/publications/Loneliness%20in%20Northern%20Ireland%20201920\\_0.pdf](https://www.nisra.gov.uk/sites/nisra.gov.uk/files/publications/Loneliness%20in%20Northern%20Ireland%20201920_0.pdf)

**NPC (New Philanthropy Capital), 2021:** Blog: What has COVID-19 taught us about Loneliness? Lessons from the Building Connections Fund by Will Handford-Spira. It can be accessed here: <https://www.thinknpc.org/blog/what-has-covid-19-taught-us-about-loneliness/>

**NPC, 2020:** Ten Tips to Help Your Project Reduce Loneliness. It can be accessed here: [https://whatworkswellbeing.org/wp-content/uploads/2020/02/10-tips-to-help-your-project-reduce-loneliness\\_NPC.pdf](https://whatworkswellbeing.org/wp-content/uploads/2020/02/10-tips-to-help-your-project-reduce-loneliness_NPC.pdf)

**The Scottish Government, 2018:** A Connected Scotland: Our strategy for tackling social isolation and loneliness and building stronger social connections. It can be accessed here: <https://www.gov.scot/publications/connected-scotland-strategy-tackling-social-isolation-loneliness-building-stronger-social-connections/documents/>

**UK Youth, 2018:** A place to belong—the role of youth organisations in addressing youth loneliness. It can be accessed here: <https://www.ukyouth.org/wp-content/uploads/2021/02/A-Place-to-Belong.pdf>

**Welsh Government, 2020:** Connected Communities: A strategy for tackling loneliness and social isolation and building stronger social connections. It can be accessed here:

<https://gov.wales/sites/default/files/publications/2020-02/connected-communities-strategy-document.pdf>