

# IYNI Support Calendar 2023/24



# Welcome to the IYNI Parenting Programmes Support Calendar 2023-2024

## What is IYNI?

IYNI is the strategic co-ordination project for the implementation of Incredible Years® programmes across Northern Ireland. The project is managed regionally by the National Children's Bureau (NCB) and supported at local level by Child Development Intervention Co-ordinators (CDICs) based in each of the Health and Social Care Trusts. All of this activity is funded by the Public Health Agency (PHA).

IYNI aims to promote, encourage and support a culture of fidelity and high quality implementation of Incredible Years® programmes.

## Who can apply for these events?

Applications are welcomed from Incredible Years® parenting programme group leaders and their managers as well as those interested in bringing Incredible Years® into their setting. **You can apply for places through your local CDICs on a first come, first served basis.** Places are limited per Trust area. Some eligibility criteria may apply.

## What other tailored support is available?

As well as the events listed in the calendar, CDICs in each of the Health and Social Care Trust areas of Northern Ireland offer a range of other support packages to agencies delivering or hoping to deliver Incredible Years® programmes. These include:

- **Advice** on deciding if these programmes are right for your service and guidance on what's involved in high quality implementation.
- **A lending library** of programme resources, cameras and tripods. Access to recording equipment is key in unlocking supervision opportunities for staff.
- **Group Leader training** with an accredited Mentor to enable your staff to deliver Incredible Years® programmes in your own setting.
- **Peer coaching** - IY's guided self-reflection model of supervision for group leaders, based on video observation and linked to enhanced outcomes.
- **Accreditation support** - a fantastic CPD opportunity for group leaders which also acts as a quality assurance mechanism by enhancing practice fidelity.

## At a glance ... 2023

<b>Peer Coach Supervision</b>	<ul style="list-style-type: none"> <li>Thursday 29<sup>th</sup> June 2-5pm</li> </ul>	Online via Zoom
<b>Peer Networking / Pre-school Basic 'Update Your Skills'</b>	<ul style="list-style-type: none"> <li>Monday 11<sup>th</sup> September 10-3pm</li> </ul>	Face to face at NICVA, Belfast
<b>Tool Kit for Measuring Impact</b>	<ul style="list-style-type: none"> <li>Thursday 5<sup>th</sup> October, 9.30am – 1pm</li> </ul>	Online via Zoom
<b>Regional Practice Sharing Event</b>	<ul style="list-style-type: none"> <li>Thursday 23<sup>rd</sup> November, 2pm - 5pm</li> </ul>	Online via Zoom
<b>Baby 'Update Your Skills'</b>	<ul style="list-style-type: none"> <li>Thursday 16<sup>th</sup> November, 1pm – 4pm</li> </ul>	Online via Zoom

## At a glance ... 2024

<b>Implementation Fidelity Workshop</b>	<ul style="list-style-type: none"> <li>Monday 15<sup>th</sup> January, 2-3.30pm</li> </ul>	Online via Zoom
<b>ASLD 'Update Your Skills'</b>	<ul style="list-style-type: none"> <li>Thursday 18<sup>th</sup> January 2-5pm</li> </ul>	Online via Zoom
<b>Peer Coach Supervision</b>	<ul style="list-style-type: none"> <li>Wednesday 24<sup>th</sup> January, 2-5pm</li> </ul>	Face to Face at NICVA, Belfast
<b>Peer Networking / Pre-school Basic 'Update Your Skills'</b>	<ul style="list-style-type: none"> <li>Thursday 7<sup>th</sup> March 10-3pm</li> </ul>	Face to face at NICVA, Belfast
<b>Tool Kit for Measuring Impact</b>	<ul style="list-style-type: none"> <li>Thursday 14<sup>th</sup> March, 9.30am-1pm</li> </ul>	Online via Zoom
<b>Why Choose the Incredible Years®?</b>	<ul style="list-style-type: none"> <li>Thursday 21<sup>st</sup> March, 11.30am – 1pm</li> </ul>	Online via Zoom

## **IY Peer Networking and IY Pre-School Basic 'Update Your Skills' training event**

IY Mentor Maria McAleese will facilitate this whole day event, beginning with an informal networking session for IY Parent Group Leaders based in Northern Ireland.

This is a great chance to make new connections, hear more about what's happening in the world of Incredible Years, and to share challenges and solutions for delivery.

This is followed by an informal and supportive workshop to 'refresh' training and delivery skills. This training is designed to be a stepping-stone to help group leaders continue their journey of delivering with fidelity; start to think about recording their sessions; find out about peer coaching and find out about becoming accredited.

A working lunch and refreshments will be provided throughout the day.

### **Monday 11<sup>th</sup> September 2023**

- 10am – 3pm
- Face to face at NICVA
- Closing date for applications – Friday 25<sup>th</sup> August 2023

### **Thursday 7<sup>th</sup> March 2024**

- 10am – 3pm
- Face to face at NICVA
- Closing date for applications – Thursday 22<sup>nd</sup> February 2024

## **IY Baby Parent Group Leaders 'Update Your Skills' Session**

An informal but structured and supportive session for IY Baby Group Leaders to refresh or enhance training and delivery skills. Open to those who have yet to deliver and those early in their IY delivery journey as well as more experienced group leaders. This support and skills session will help group leaders continue their journey of delivering with fidelity; recognise the value of recording their sessions; find out more about peer coaching and becoming accredited.

### **Thursday 16<sup>th</sup> November 2023**

- 1pm – 4pm
- Online via Zoom
- Closing date for applications Thursday 9<sup>th</sup> November 2023



## IY Autism Spectrum & Language Delays Parent Group Leaders 'Update Your Skills' Session

An informal but structured and supportive session for IY Autism Spectrum & Language Delays Parent Group Leaders to refresh or enhance training and delivery skills. Open to those who have yet to deliver and those early in their IY delivery journey as well as more experienced group leaders. This support and skills session will help group leaders continue their journey of delivering with fidelity; recognise the value of recording their sessions; find out more about peer coaching and becoming accredited.

### Thursday 18<sup>th</sup> January 2024

- 2pm-5pm
- Online via Zoom
- Closing date for applications – Thursday 11<sup>th</sup> January 2024

## Peer Coach Supervisions

An opportunity for trained Peer Coaches to bring a short film clip of their delivery for self-evaluation and discussion among their peers. This really motivating session is led by an IY Mentor and certified by Incredible Years® Seattle.

### Thursday 29<sup>th</sup> June

- 2pm-5pm
- Online via Zoom
- Closing date for applications – Thursday 22<sup>nd</sup> June 2023

### Wednesday 24<sup>th</sup> January

- 2pm-5pm
- Face to face session at NICVA
- Closing date for applications – Wednesday 10<sup>th</sup> January 2024

## Peer Coach Informal Meeting

A chance for trained Peer Coaches to meet online for an informal chat with peers and Mentor, review their training and progress, and learn about further opportunities for development.

### Date TBC

- Online via Zoom
- 

## Tool Kit for Measuring Impact

This half day workshop will help you explore how you can measure the impact of IY Parent Programmes and how to use that data to improve your service. Find out about the outcomes measures and tools you can use, how to analyse and report your findings and who to share that powerful information with. The workshop is open to managers, administrators, and group leaders. The session will be facilitated by Dr Richard Nugent, Senior Policy and Research Analyst at NCB, and Maria McAleese, Incredible Years® Mentor, NI who will cover;

- The Outcomes and Impact Tool - a bespoke tool developed specifically for use by Incredible Years® managers, administrators and group leaders
- Outcomes Based Accountability or OBA - a useful lens through which to begin discussions about improving outcomes.
- Practical ideas on how to use the tools and engage parents.

### Thursday 5th October 2023

- 9.30am-1pm
- Online via Zoom
- Closing date for applications – Thursday 28<sup>th</sup> September 2023

### Thursday 14<sup>th</sup> March 2024

- 9.30am-1pm
- Online via Zoom
- Closing date for applications – Thursday 7th March 2024

## Implementation Fidelity Workshop

With an increasing focus on using evidence-based interventions to best meet the needs of our communities and client populations comes the responsibility to ensure that we deliver them in practice as the developers and researchers intended, in other words, with 'fidelity'.

This half day training session supports managers and administrators in their efforts to introduce, embed or scale-up evidence based interventions by exploring the theory of 'implementation science', explaining the link between fidelity and outcomes and identifying practical ways of bridging the 'science to service' gap and creating enabling contexts for success.

### Monday 15th January 2024

- 2pm – 3.30pm
- Online via Zoom
- Closing date for applications – Monday 8th January 2024

## Regional Practice Sharing Event

This annual event brings IY Group Leaders, Managers and Commissioners together with expert speakers and workshop facilitators to reflect on the implementation journey and successes to date.


### Thursday 23<sup>rd</sup> November 2023

- 2pm – 5pm
- Online via Zoom
- Closing date for applications  
Thursday 16th November 2023

## Why Choose IY Programmes?

This session presumes no prior knowledge of The Incredible Years® suite of programmes. We'll look at the many programmes on offer, share research on the associated outcomes and explore what 'organisational readiness' is required to sustain IY parent programmes. The session is suitable for agencies and practitioners who are new to Incredible Years®, as well as to funders or commissioners interested in evidence-based parenting and family support.

### Thursday 21<sup>st</sup> March 2024

- 11.30am – 1pm
  - Online via Zoom
  - Closing date for applications  
Thursday 14th March 20
- 



# How to Apply

**Please contact your local Child Development Intervention Co-ordinator to find out more about the support on offer and register your interest.**

Any registrations of interest should be submitted in advance of the stated closing date for each event.

Places are limited per Trust and some eligibility criteria may apply so early registrations of interest are encouraged.

A Zoom joining link and further information will be provided in advance of the meeting.

## Child Development Intervention Co-ordinator Contact Details

### **Belfast HSC Trust – Marie McAuley**

Health Improvement Team, Graham House, Knockbracken Healthcare Park, Saintfield Road,  
Belfast BT8 8BH

Tel: 028 9504 2473

E-mail: [Marie.McAuley@belfasttrust.hscni.net](mailto:Marie.McAuley@belfasttrust.hscni.net)

### **Northern HSC Trust - Kate McDermott**

Health & Wellbeing Team, Spruce House, Ballymena BT43 6HL

Tel: 028 2563 5575

E-mail: [Kate.McDermott@northerntrust.hscni.net](mailto:Kate.McDermott@northerntrust.hscni.net)

### **South Eastern HSC Trust – TBC**

Health Development Department, Ards Hospital, Church Street, Newtownards BT23 4AS

Tel: 028 9181 2661

E-mail: please contact your local Trust representative, any other CDIC, or Paula Carson-Lewis [pcarson-lewis@ncb.org.uk](mailto:pcarson-lewis@ncb.org.uk)

### **Southern HSC Trust - Martina McCooey**

Promoting Wellbeing Department, St Luke's Hospital, Loughgall Road, Armagh BT61 7NQ

Tel: 028 3756 4462 / 077 9545 0278

Email: [Martina.McCooey@southerntrust.hscni.net](mailto:Martina.McCooey@southerntrust.hscni.net)

### **Western HSC Trust – Lisa Storey**

Health Improvement and Equality Department, Maple Villa B, Gransha Park,  
Derry/Londonderry BT47 6WJ

Tel: 028 7186 5127

E-mail: [Lisa.Storey@westerntrust.hscni.net](mailto:Lisa.Storey@westerntrust.hscni.net)



## United for a better childhood

The National Children's Bureau brings people and organisations together to drive change in society and deliver a better childhood for the UK. We interrogate policy, uncover evidence and develop better ways of supporting children and families.

Let's work together: 020 7843 6000 | [info@ncb.org.uk](mailto:info@ncb.org.uk)

London: 23 Mentmore Terrace, London, E8 3PN

Belfast: The NICVA Building, 61 Duncairn Gardens, BT15 2GB



Part of the family  
**NATIONAL CHILDREN'S BUREAU**

National Children's Bureau is registered charity number 258825 and a company limited by guarantee number 00952717. Registered office: 23 Mentmore Terrace, London E8 3PN.