# Coproduction Training and Kent Youth Charter

**Hannah Patton** 

Participation Coordinator HeadStart Kent

&

**Zoe Burns** 

Emotional Wellbeing Participation Worker



## Young people said at the beginning..

#### Outcome

Training is in place for staff, officers, Members and partner organisations. The training is developed with children, young people and families

#### **Action**

Training package designed with young people and delivered to staff through face to face training and webinars







# Creating the Training





- Decided on Icebreakers
- Produced a quiz about young people in Kent
- Used the participation ladder to make activities inc designing the snakes and ladders board game
  - Created an evaluation form

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Young people initiated and shared decisions with adults

Young people initiated and directed

Shared decisions but Adult initiated

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Manipulation

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## SpeakOut @HeadStart

For young people aged 10-16 who are interested in building resilience.

Fun and interactive meetings.

Fortnightly Local SpeakOuts and monthly Central SpeakOut at Kent Youth Voice

Participating in and helping to design resources and events relating to our project



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# Kent Youth County Council

- An elected group of 11 18 year olds who campaign on the issues important to young people in Kent.
  - Try to ensure that young people are listened to and involved in the decisions that affect their lives
  - e.g. improving mental health services
  - KYCC are elected in November of each year by the young people in Kent.



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#### **VSK**

- Super Council for children in care aged 7 – 11.
- Children and Young People's Council for young people aged 11 - 16.
- Young Adult Council for young people aged 16+.
- Adoptables



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## In person training

Over 80 members of staff trained including:

- Emotional Wellbeing teams in **Schools**
- Staff attending Big Conversation
- Whole range of staff from KCC







## Trained Divisional Management Team



36 members of the Divisional Management Team trained and completed pledges

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## Coproduction eLearning



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Click on an image below to answer the questions.

Green Cards earn points and Red Cards lose points.



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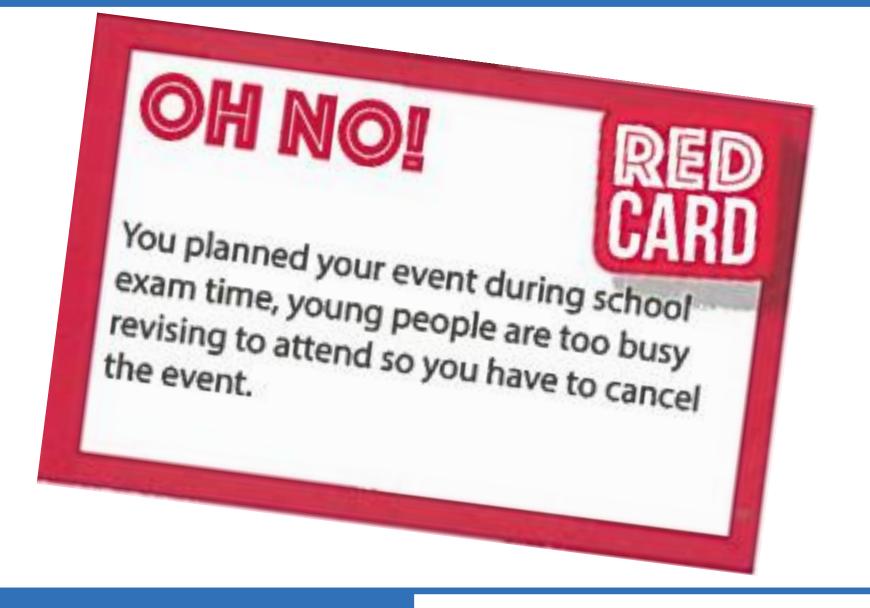
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You have been asked to set up a meeting with a group of young people. Looking at your calendar there are several dates which you can choose from. You talk to your co-workers and they help you narrow your choices down to 2 days. What day do you choose?

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You arrive to a session early and see the room is set up in rows. You are told you can set the room up however you want but realise you don't have much time before the young people arrive. Do you ...

Change the table around so they are not all facing the front

Leaving the tables in rows. There's not long before the session starts.



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You have planned your meeting and invited young people from across the county to come. You realise that you have not organised travel or food for your session and some of the young people have replied that they are not able to attend due to not being able to get to Maidstone. What do you do ...

Explain that you are going to reimburse them for their travel to Maidstone and also that a lunch will be provided for them.



Explain to the young people that you are sorry they are that you are sorry and find not able to attend and find someone different.

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You plan your session and realise that the slides have a lot of abbreviations on them and Jargon. You consider taking them out but you have spent a lot of time creating your Power point and it would take a lot of time to go back and change them. You ask a co-worker for support and they tell give you some advise. What do you do ...

Go back and change the slides to ensure understood by all.



Leave the slides as it took you a long time to complete and you will just try.

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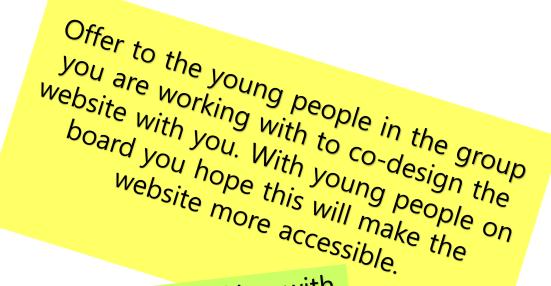








You have recently been tasked to update your website to make it more young person friendly. You have a group of young people you have been working with who could help you co design the site. What do you do?

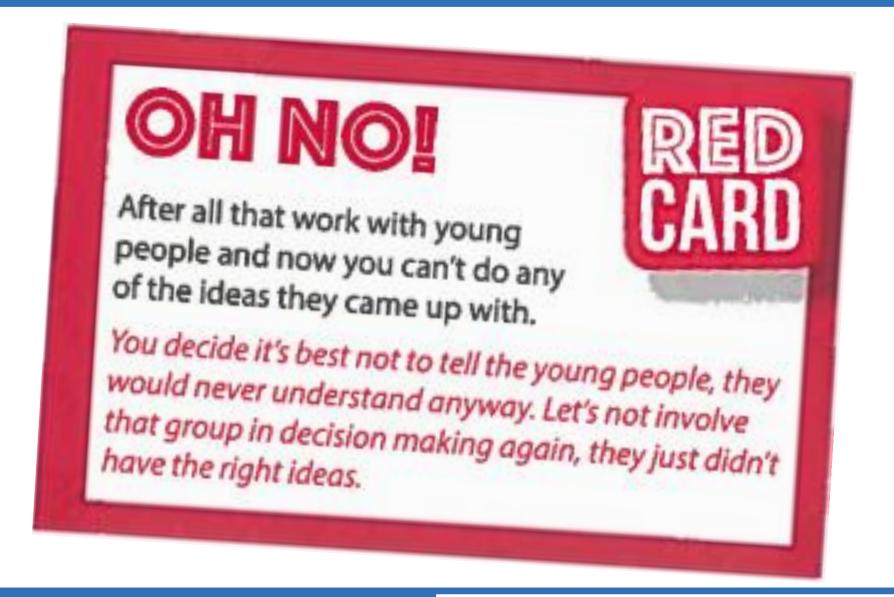




Ask the group you are working with for their ideas. It might be that they do not work and therefore you are able to plan the website on your own which will make it easier for you.

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# How did you do?







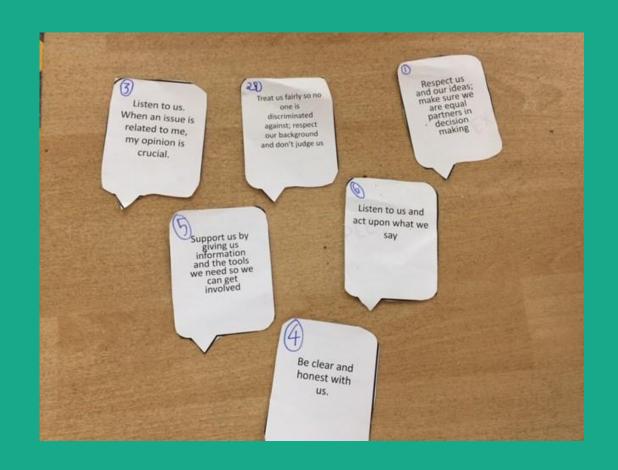
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### **Kent Youth Charter**

6 pledges developed by young people in Kent:

- Respect you and be Kind
- Include you and accept you
- Listen, understand and act upon what you say
- Be honest and work to build your trust
- Support you to grow and learn from your experience
- Let you lead and make decisions



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## Not just a poster!

- Video being produced to promote and explain the Youth Charter
- Resources and activities for young people and orgnisations
- Opportunities for young people to take the lead



# Making Kent a county that works for all children

Our shared vision is to involve you in making decisions on the issues that affect you and the services you receive.

#### You should expect all staff and volunteers to:

#### Respect you and be kind

- · Find out about you, from you
- Be relaxed, with open body language
- Help you to feel welcome

#### Include YOU and accept you

- Accept everyone's differences and individuality
- Be a place that you want to come
- · Find out, and act upon, your needs

#### Listen, understand and act upon what you say

- Make enough time for you
- Give you opportunities to share
- Do what we say we're going to do, and show you the outcomes

#### Be honest and work to

#### build your trust

- Be clear about our intentions
- · Be honest about what we're going to do
- Work to build a trusting relationship
  with your

#### Support you to grow and

- We're trained to work with
- young people
- We understand the community, and know where to seek help
- We know what opportunities are available to you

#### Let you lead and make decisions

- Give you a voice about the things that affect you
- Ensure you understand your right to make choices
- Help you feel valued by listening to your views and opinions, and make decisions together



If you had our sorthoe is not fulfilling these expectations, please first speak to a member of start. If you do not feel your concern has been dealt with, or if you have any comments on our shared vision, please call us on 0,0000 4,00004 or mail CScomplaints-Want govulk.

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## **Any Other Question?**

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## Kent Resilience Hub

A place to for parents/carers and practitioners to understand how they can support young people's emotional wellbeing and resilience

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A place where young people aged 10-16 can learn how to look after their emotional wellbeing and mental health





