



LINKS



Bereavement and Pre-Bereavement Work with Young People Resource Sheet

LINKS Grant Holders working in this area:

Cancer Focus: Next Steps Family Support Service. See here for more details:
<https://cancerfocusni.org/patient-support/family-support/> Contact Rachel Smith
Rachel Smith: rachelsmith@cancerfocusni.org

Cancer Fund for Children: Enhanced Young Shoulders Project. See here for more details:
<https://cancerfundforchildren.com/about/> Contact Neil Symington
neil@cancerfundforchildren.com

CLIC Sargent: Together we Thrive Project. See here for more details:
<https://www.clicsargent.org.uk/what-we-do/for-teens-and-young-adults/>
Contact Simon Darby: simon.darby@clicsargent.org.uk

Cruse: Somewhere for Us Project. See here for more details:
<https://www.hopeagain.org.uk/> Contact Paul.finnegan@cruse.org.uk

Websites:

Childhood Bereavement Network:

The Childhood Bereavement Network (CBN) is the hub for those working with bereaved children, young people and their families across the UK. It underpins its members' work with essential support and representation: bringing them together across localities, disciplines and sectors to improve bereavement care for children. See Here for more details: <http://www.childhoodbereavementnetwork.org.uk/>

HSC Bereavement Network:

In 2006 the Department of Health, Social Services and Public Safety (since 2016 DoH) established the HSC Bereavement Network, appointing a Trust Bereavement Coordinator (TBC) to each Health and Social Care Trust. The HSC Bereavement Network website which has been developed to provide information and guidance for those who care for and support dying people and their loved ones around the time of and after death. See here for more details: <http://www.hscbereavementnetwork.hscni.net/>

Helplines:

Barnardos Child Bereavement Service Helpline offers professional support and guidance to any adult concerned about a bereaved child or young person up to 18 years of age. The advice line is operated by experienced, skilled and professionally qualified staff, responding to parents, carers, social workers, teachers and GP's amongst others. See here for more details: <https://www.barnardos.org.uk/what-we-do/services/child-bereavement-service-general>. Barnardos Child Bereavement Service can be contacted by phone on **028 90668333** or emailed at: cbsreferrals@barnardos.org.uk

Cruse Bereavement Care Freephone National Helpline is staffed by trained bereavement volunteers, who offer emotional support to anyone affected by bereavement. It can be contacted on **0808 808 1677** or by email: helpline@cruse.org.uk It also has a live web chat, available from the web site where there is also other relevant information: <https://www.cruse.org.uk/get-help/helpline>

Cruse also has a web site **Hopeagain.org.uk** developed by bereaved children and young people for bereaved children and young people where they can get direct support, access information and view VLOGs and videos of other young people.

Lifeline is the Regional Northern Ireland crisis response helpline service for people who are experiencing crisis. No matter what your age or where you live in Northern Ireland, if you are or someone you know is in distress or despair, Lifeline is there to help. Contact Lifeline via the website: <https://www.lifelinehelpline.info/> or Freephone **0808 808 8000**. Deaf and hard of hearing Textphone users can call Lifeline on **18001 0808 808 8000**.

Parentline NI Provides advice, support and guidance for parents. Freephone 0808 8020 400 or contact via the webchat facility via the website: <http://www.ci-ni.org.uk/parentline-ni> or email: parentline@ci-ni.org.uk

SANDS, the stillbirth and neonatal death charity, supports anyone affected by the death of a baby, working to improve the care bereaved parents receive, and promoting research to reduce the loss of babies' lives. It is also available to those supporting bereaved families. Freephone 0808 164 3332 or email: helpline@sands.org.uk See here for more details: <https://www.sands.org.uk/support-you/how-we-offer-support/helpline>

Documents, video clips & other resources

Klewchuk, E and Willis, S (2020) Saying Goodbye: When Someone Special Dies, BHSCT & The PHA. This can be accessed here: <https://bit.ly/2RtiYjl>

There is also an accompanying video with the same information which can be accessed here: <https://www.youtube.com/watch?v=SnlYObmeAZE>

These have been developed in the context of lockdown due to Covid-19