

# IYNI Parent Programmes Support Calendar 2021/22



# Welcome to the IYNI Parent Programmes Support Calendar 2021/22

## What is IYNI?

IYNI is the strategic co-ordination project for the implementation of Incredible Years® programmes across Northern Ireland. The project is managed regionally by the National Children's Bureau (NCB) and supported at local level by Child Development Intervention Co-ordinators (CDICs) based in each of the Health & Social Care Trusts. All of this activity is funded by the Public Health Agency (PHA).

IYNI aims to promote, encourage and support a culture of fidelity and high quality implementation of Incredible Years® programmes.

## Who can apply for training and supervision?

Applications are welcomed from Incredible Years® parenting programme group leaders and their managers as well as those interested in bringing Incredible Years® into their setting. You can apply for places through your local CDICs on a first come, first served basis. Places are limited per Trust area. Some eligibility criteria may apply.

## What other support is available?

As well as the events listed in the calendar, CDICs in each of the Health & Social Care Trust areas of Northern Ireland offer a range of other support packages to agencies delivering or hoping to deliver Incredible Years® programmes. These include:

- **Advice** on deciding if these programmes are right for your service and guidance on what's involved in a high quality implementation
- **A lending library** of programme resources, cameras and tripods. Access to recording equipment is key in unlocking supervision opportunities for staff
- **Group Leader training** with an accredited Mentor to enable your staff to deliver Incredible Years® programmes in your own setting
- **Peer coaching** – IY's guided self-reflection model of supervision for group leaders, based on video observation and linked to enhanced outcomes
- **Accreditation support** – a fantastic CPD opportunity for group leaders which also acts as a quality assurance mechanism by enhancing practice fidelity

## At a glance...

# 2021

### Support & Skills for ASLD

- Thursday 9th September
- 10am – 1pm

### Why Choose IY Programmes?

- Thursday 7th October
- 10am – 1pm

### Peer Networking Meet Up

- Thursday 11th November
- 10am – 1pm

### Support & Skills for School Aged

- Thursday 25th November
- 10am – 3pm

### Support & Skills for Baby

- Tuesday 14th September
- 10am – 1pm

### Support & Skills for Toddler and Pre-School

- Thursday 21st October
- 10am – 1pm

### Measuring Impact Workshop

- Wednesday 24th November
- 10am – 1pm

# 2022

### Support & Skills for Baby

- Monday 10th January
- 10am – 1pm

### Support & Skills for Toddler and Pre-School

- Thursday 3rd February
- 10am – 1pm

### Peer Networking Meet Up

- Tuesday 1st March
- 1.30pm – 4pm

### Support & Skills for ASLD

- Thursday 20th January
- 10am – 1pm

### Measuring Impact Workshop

- Wednesday 9th February
- 10am – 1pm

### Regional Practice Sharing Event

- Thursday 24th March
- 10am – 1pm

# Support for all!

These events are non-programme specific and include supports for managers and for agencies who are new to IY.

## Why Choose IY Programmes?

This session presumes no prior knowledge of The Incredible Years® suite of programmes. We'll look at the many programmes on offer, share research on the associated outcomes and explore what 'organisational readiness' is required to sustain IY parent programmes. The session is suitable to agencies, funders or commissioners interested in evidence-based parenting and family support.

### Thursday 7th October 2021

- 10am – 1pm
- Online via Zoom
- Closing date for applications – Thursday 30th September 2021

## Peer Networking Session for IY Group Leaders

An open meet up for all IY Parent Group Leaders based in Northern Ireland regardless of which programmes you deliver. This is a great chance to make new connections, hear more about what's happening in the world of Incredible Years, and to share challenges and solutions for delivery.

### Thursday 11th November 2021

- 10am – 1pm
- Online via Zoom
- Closing date for applications – Thursday 4th November 2021

### Tuesday 1st March 2022

- 1.30pm – 4pm
- Online via Zoom
- Closing date for applications – Tuesday 22nd February 2022

## Measuring Impact Workshop

This half day workshop will help you explore how you can measure the impact of IY Parent Programmes and how to use that data to improve your service. Find out about the outcomes measures and tools you can use, how to analyse and report your findings and who to share that powerful information with. The workshop is open to managers, administrator, and group leaders.

### Wednesday 24th November 2021

- 10am – 1pm
- Online via Zoom
- Closing date for applications – Wednesday 17th November 2021

### Wednesday 9th February 2022

- 10am – 1pm
- Online via Zoom
- Closing date for applications – Wednesday 2nd February 2022

## Regional Practice Sharing Event

This annual event brings IY Group Leaders, Managers and Commissioners together with expert speakers and workshop facilitators to reflect on the implementation journey and successes to date. Our hope is to hold this event in-person at a Belfast venue.

### Thursday 24th March 2022

- 10am – 1pm
- Closing date for applications – Thursday 17th March 2022

## Support for IY Baby Parent Group Leaders

### Support & Skills for Baby Parent

An informal but structured and supportive session for IY Group Leaders to refresh or enhance training and delivery skills. Open to those who have yet to deliver and those early in their IY delivery journey as well as more experienced group leaders. This support & skills session will help group leaders continue their journey of delivering with fidelity; recognise the value of recording their sessions; find out more about peer coaching and becoming accredited.

*Priority booking available for group leaders who are currently recording their deliveries and are happy to share short 5-10 minute clips for review.*

### Tuesday 14th September 2021

- 10am – 1pm
- Online via Zoom
- Closing date for applications – Tuesday 7th September 2021

### Monday 10th January 2022

- 10am – 1pm
- Online via Zoom
- Closing date for applications – Wednesday 22nd December 2021





# Support for IY Pre-school Basic Parent Group Leaders

## Support & Skills for Toddler and Pre-School Parent Basic

An informal but structured and supportive session for IY Group Leaders to refresh or enhance training and delivery skills. Open to those who have yet to deliver and those early in their IY delivery journey as well as more experienced group leaders. This support & skills session will help group leaders continue their journey of delivering with fidelity; recognise the value of recording their sessions; find out more about peer coaching and becoming accredited.

*Priority booking available for group leaders who are currently recording their deliveries and are happy to share short 5-10 minute clips for review.*

### Thursday 21st October 2021

- 10am – 1pm
- Online via Zoom
- Closing date for applications – Thursday 14th October 2021

### Thursday 3rd February 2022

- 10am – 1pm
- Online via Zoom
- Closing date for applications – Thursday 27th January 2022

# Support for IY School Aged Basic Group Leaders

## Support & Skills for School Aged Basic Parent

An informal but structured and supportive session for IY Group Leaders to refresh or enhance training and delivery skills. Open to those who have yet to deliver and those early in their IY delivery journey as well as more experienced group leaders. This support & skills session will help group leaders continue their journey of delivering with fidelity; recognise the value of recording their sessions; find out more about peer coaching and becoming accredited.

*Priority booking available for group leaders who are currently recording their deliveries and are happy to share short 5-10 minute clips for review.*

### Thursday 25th November 2021

- 10am – 3pm
- Closing date for applications – Thursday 18th November 2021



# Support for IY Autism Spectrum & Language Delays (ASLD) Parent Group Leaders

## Support & Skills for ASLD Parent

An informal but structured and supportive session for IY Group Leaders to refresh or enhance training and delivery skills. Open to those who have yet to deliver and those early in their IY delivery journey as well as more experienced group leaders. This support & skills session will help group leaders continue their journey of delivering with fidelity; recognise the value of recording their sessions; find out more about peer coaching and becoming accredited.

*Priority booking available for group leaders who are currently recording their deliveries and are happy to share short 5–10 minute clips for review.*

### Thursday 9th September 2021

- 10am – 1pm
- Online via Zoom
- Closing date for applications – Thursday 2nd September 2021

### Thursday 20th January 2022

- 10am – 1pm
- Online via Zoom
- Closing date for applications – Thursday 13th January 2022



# How to Apply

Please contact your local Child Development Intervention Co-ordinator to apply for a place or to find out more about the support on offer. If the event is applicable to you, they will send you an Eventbrite web link through which you can register your interest.

Any registrations of interest should be submitted in advance of the stated closing date for each event.

Places are limited per Trust and some eligibility criteria may apply so early registrations of interest are encouraged.

## Child Development Intervention Co-ordinator contact details

### **Belfast HSC Trust – Fiona Meenan**

Health Improvement Team  
Graham House  
Knockbracken Healthcare Park  
Saintfield Road  
Belfast BT8 8BH

Tel: 028 9504 7894

E-mail: [Fiona.Meenan@belfasttrust.hscni.net](mailto:Fiona.Meenan@belfasttrust.hscni.net)

### **Southern HSC Trust – Martina McCooey**

Promoting Wellbeing Department  
St Luke's Hospital  
Loughgall Road  
Armagh BT61 7NQ

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E-mail: [martina.mccooey@southerntrust.hscni.net](mailto:martina.mccooey@southerntrust.hscni.net)

### **Northern HSC Trust – Kate McDermott**

Health & Wellbeing Team  
Spruce House  
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Tel: 028 2563 5575

E-mail: [Kate.McDermott@northerntrust.hscni.net](mailto:Kate.McDermott@northerntrust.hscni.net)

### **Western HSC Trust – Deborah Hunter**

Health Improvement and Equality Department  
Maple Villa B  
Gransha Park  
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### **South Eastern HSC Trust – Julia Duffin**

Health Development Department  
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## United for a better childhood

The National Children's Bureau brings people and organisations together to drive change in society and deliver a better childhood for the UK. We interrogate policy, uncover evidence and develop better ways of supporting children and families.

Let's work together: 020 7843 6000 | [info@ncb.org.uk](mailto:info@ncb.org.uk)

London: 23 Mentmore Terrace, London, E8 3PN

Belfast: The NICVA Building, 61 Duncairn Gardens, BT15 2GB

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