

Infant Mental Health Lunchtime Learning

These Lunchtime Learning sessions aim to provide a space for shared learning, discussion and collaboration for those working to support babies, infants and their families.

Join us online to hear from services on how they are supporting positive infant mental health. Each session lasts one hour, with a short presentation and time for discussion and questions.



**22
February
12-1**

Star Babies: supporting transition to parenthood with a health visiting service for first time parents
Northern Health and Social Care Trust

[Click here
to register](#)

**29
March
12-1**

The Dad's Project: Fatherhood - Supporting mum's mental health and ensuring their child's socio-emotional wellbeing
Parenting NI

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to register](#)

**26
April
12-1**

See Hear Act: Taking a closer look at the impact of domestic abuse on early childhood
Women's Aid Federation NI

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**31
May
12-1**

The role that Registered Childminders play in the first 1001 days in a child's life
NICMA

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**28
June
12-1**

The Solihull Approach and strengthening the Infant Mental Health agenda in Northern Ireland
Solihull Approach

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to register](#)

If you are interested in presenting your work at a future session, please email Paula Carson-Lewis pcarson-lewis@ncb.org.uk for more information.